

Carers Week

Event timeable

Activity	Date	Time	Location	Cost
Drawing Skills	Monday 9 th June	10am-12pm	Grays Hub	Free
Cake Decorating	Monday 9 th June	2pm-4pm	Grays Hub	Free
Picnic in the Park	Tuesday 10 th June	12pm-2pm	Grays Town Park	Free, Bring your own lunch.
Bingo & Brunch	Wednesday 11 th June	11am-2pm	Grays Hub	£5 Per Person
Young Adult Carers Go Bowling	Wednesday 11 th June	6pm-8pm	Hollywood Bowl	Chargeable
Pamper Day	Thursday 12 th June	10am-4pm	Grays Hub	Free
Karaoke and Cake	Friday 13 th June	12pm-3pm	Grays Hub	Free
Quiz Night Fundrasing event	Friday 13 th June	7pm-11pm	Belhus Cricket Club, North Stifford	£5 Per Person Please book via QR Code

You must be registered as a carer with
Thurrock Carers Service to attend events.
Excluding from the Quiz Night.



**Book your Quiz
Night tickets**

How to Book

To find out more or to book a place please call us on
01375 659172 or email **carers@tbmind.org.uk**.

