

Carers Week

9th-15th June 2025



Carers Week Activities

Drawing Skills
Cake Decorating
Picnic in the Park
Bingo & Brunch



Young Adult Carers Bowling
Pamper Day
Karaoke & Cake
Quiz Night

How to Book

To find out more or to book a place
please call us on **01375 659172** or
email **carers@tbmind.org.uk**