



Mid and South Essex
Integrated Care
System



Mid and South Essex

Design your dream career

with the Integrated Medical and
Wellbeing Centre (IMWC) GP
Fellowship Programme in Thurrock

"I can state with great confidence that Thurrock can easily be the exciting launch pad for enthusiastic GPs who are either starting their professional journey or looking for a refreshing reset!"

Dr Manjeet Sharma





Welcome

We have a simple aim here in mid and south Essex; to be successful, distinctive, and attractive.

We want to be successful in delivering improved outcomes for our communities. To be distinct in doing things others can't or won't, and to make ourselves an attractive place to work for the very best talent available.

So, I am delighted that you are considering a career with our system in mid and south Essex. Here we value and place clinical and professional leadership at the heart of everything we do.

The GP Fellowship Programme being launched in Thurrock is one of our flagship schemes to support that approach.

It has been built with flexibility at its core. We want to work with a new generation of GPs to help them design their dream career, so that they will have the ongoing dedicated time and resources to make it a reality.

Our innovative programme delivers a package of support to reflect individuals' aims and interests. It will give you as GPs of the future an opportunity to pursue areas you want to specialise in, helping you to unlock your passion and potential.

Our new programme in Thurrock will not only transform the health and care services in the area for local people but will improve how we provide access to general practice in future. The centres will help reduce the number of people needing to go to hospital, and future proof primary care services for a growing population.

We are excited about the future of our health and care system across mid and south Essex. I hope that you will join us to help make our services successful, distinctive, and attractive.

Kind regards,



Anthony 'Mac' McKeever
Chief Executive Officer
Mid and South Essex Integrated Care Board

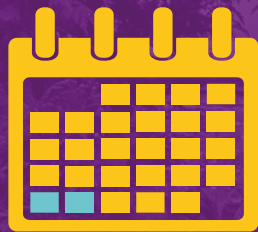
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Key information



LTFT (less than full time) options – extremely flexible



£90,000 FTE (£10,000 per session per annum, up to 9 sessions per week)



12 posts available

Combine clinical practice with specialist interest and personal and professional development (PDP)



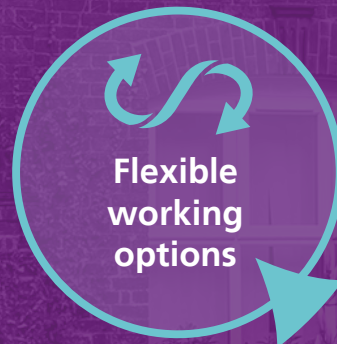
25% personal and professional development



50% clinical practice



25% specialist interest training



Flexible working options

2-year term, with the possibility of extending.
Flexible starting dates from autumn 2022, with multiple intakes available throughout 2022 and 2023



About the programme

Thank you for your interest in the Integrated Medical and Wellbeing Centre (IMWC) GP Fellowship Programme in Thurrock. This is an exciting initiative, and we are so pleased that you are considering this programme as the next step in your career.

The IMWC Fellowship builds on the NHS England 'New to General Practice Fellowship Programme,' a commitment within the NHS Long Term Plan. It provides participants with additional support and development post-qualification, including specialist portfolio working opportunities and extra-funded sessions. The programme is a two-year scheme designed to support your early career as you become an embedded part of your practice and primary care network (PCN).

Successful applicants will work approximately 50% clinically at a GP practice in or around Thurrock, receive sessions dedicated to a specialist portfolio placement of your choice (25%) and personal development activities (25%). The exact arrangement for each individual will vary and we will work with you to develop a programme pathway that works for you and your career.

If you have any questions in the meantime or would like to arrange an informal visit, please get in touch with us at primarycare.workforce@nhs.net. There are only twelve places on this programme, so please apply early to make sure you don't miss out.

Yours sincerely,



Edward Cox (He/Him)
Director of Clinical Policy
Mid and South Essex Integrated Care Board

Working in Thurrock

**Dr Manjeet Sharma,
GP Partner, Orsett Surgery
Clinical Director for Thurrock Alliance**

"I am born and bred in Thurrock. After working as a London GP for 5 years, I returned to serve the diverse and vibrant community I grew up with and to raise my young family.

Thurrock is a friendly place where you can truly experience the full breadth of general practice. I thoroughly enjoy delivering continuity of care to young people, the elderly and generations of families that have resided in Thurrock for many years.

Much like its residents, I found the Thurrock primary care community close knit and supportive. This enabled me to develop my portfolio, starting with representing colleagues on the Local Medical Committee which I chaired for 6 years. My day-to-day working also changed from locum GP through to salaried and GP partner today at Orsett Surgery.

Working with the LMC and GP partnership experience gave me the confidence to lead Stanford-le-Hope Primary Care Network - a group of six practices - for three years. And recently, I was appointed Clinical Director for Thurrock Alliance.

Therefore, I can state with great confidence that Thurrock can easily be the exciting launch pad for enthusiastic GPs who are either starting their professional journey or looking for a refreshing reset!"



"Thurrock is a friendly place where you can truly experience the full breadth of general practice."



**Dr Tim Hodge, GP Partner,
Hassengate Medical Centre**

"Want to work somewhere where you can see your career develop rapidly and make a real tangible difference to the lives of your patients? Work in Thurrock!"

Thurrock's very diverse both in terms of the patient population and the GP workforce and an exciting place to be working in. It's also very easy to commute to, with great road links.


There's a strong team spirit amongst the PCNs and plenty of drive and ambition to improve primary care delivery for our patients.

Personally, I've been here for four years, and I work with amazing, supportive, driven and caring colleagues. So far, I've seen my career progress faster than I expected and have enjoyed *nearly* every minute of it. (We have had the small matter of the COVID-19 pandemic to work through.) Working in Thurrock is hard work (where isn't in primary care now?), but it's rewarding, with great teams and grateful patients. I'm excited by the direction primary care in Thurrock is moving in and I'm looking forward to facing the challenges ahead as a team."



"Personally, I've been here for four years, and I work with amazing, supportive, driven and caring colleagues."





Come and get to know
Thurrock and all it has to offer
as a place to work and live!



Dr Rohit Rajamohan, GP Trainee



“Such opportunities are hard to come by for a trainee without the uplifting support from the integrated workforce, as provided in Thurrock”

“I’m in my final months of GP training and plan to work in Thurrock as it’s been an enjoyable experience with ample support and resources with opportunities to expand my portfolio. I have explored my interests in digital health and innovation through networking and participated in the local digital transformation project. Such opportunities are hard to come by for a trainee without the uplifting support from the integrated workforce, as provided in Thurrock.

Thurrock has a wide demographic population and in recent years welcomed more younger working professionals who are open to new services and innovations in the NHS. Thurrock is attractive for its suburban lifestyle with countryside, coastline, and city locations all within commutable distance.

I’m keen to join the new innovative fellowship programme in Thurrock as a newly qualified GP to expand my interest in digital health alongside my regular clinical practise. Come join me!

About

Mid and South Essex Integrated Care System

The Mid and South Essex Integrated Care System (MSE ICS) provides health and care to 1.2 million residents across the region.

MSE ICS's vision is for a health and care partnership working for a better quality of life in a thriving mid and south Essex, with every resident making informed choices in a strengthened health and care system.

Made up of two statutory bodies, the [Integrated Care Board \(ICB\)](#) – an NHS organisation responsible for strategic partnerships and new collaborative ways of working – and the [Integrated Care Partnership \(ICP\)](#) – a committee of stakeholder partners.



Over **149** GP practices, operating from over **200** sites, forming **27** Primary Care Networks

Across mid and south Essex there are four different 'places.' These are four geographical areas working to develop and deliver routine health and care community-based services. These partnerships are called 'alliances' and they will support the improvement of health, and wellbeing, tackling avoidable, unfair differences in health outcomes between different groups of local people.

In collaboration with health and care partners within the NHS, local authority, borough and district councils, Healthwatch organisations, voluntary and community sector associations, ambulance trust and primary care networks; MSE ICS is building upon the long history of collaborative working locally, to design and deliver services that will achieve better experiences and health and social care outcomes for people who live and work in our area.

For more information, you can [visit our website](#) or scan the QR code below.



Basildon & Brentwood
276k population

6 Primary Care Networks
5 - Basildon
1 - Brentwood

Thurrock
176k population

4 Primary Care Networks
Tilbury & Chadwell
Grays
Purfleet
Corringham

Mid Essex
390k population

9 Primary Care Networks
3 - Chelmsford
2 - Braintree
2 - Maldon/Chelmsford
1 - Maldon/Braintree
1 - Braintree/Chelmsford

South East Essex
370k population

8 Primary Care Networks
2 - Castle Point
2 - Rochford
4 - Southend

IMWC Fellowship programme

Are you a GP trainee, or a newly qualified GP, looking for an exciting opportunity post-CCT?

If you want to hone your medical skills, mastering your role whilst growing and developing a specialist interest, essentially building and designing your dream career, we'd love to hear from you!

Mid and South Essex Integrated Care System is delighted to launch the Integrated Medical and Wellbeing Centre (IMWC) GP Fellowship Programme in Thurrock, open to all new GPs who are within 12 months of receiving their Certificate of Completion of Training (CCT).

The programme aims to create and support the development of innovative and attractive portfolio opportunities, helping newly qualified GPs develop specialist skills. We will work with you to create a portfolio opportunity that helps develop a specialist interest, enabling you to build your dream career. We are working closely with Mid and South Essex NHS Foundation Trust on several speciality placement opportunities; however, we also want to hear from GPs who wish to develop additional skills by working with colleagues across the integrated care board in strategic roles. Whatever your ambition, we will work hard to make it a reality.

The Fellowship will combine core general practice work with a specialist interest placement, personal development opportunities and continuing professional development (CPD) – as shown below:

- 50% core clinical work in a GP practice in or around Thurrock
- 25% specialist interest portfolio placement (clinical or non-clinical)
- 25% personal development/CPD

Applications will be considered from GPs looking to work less than full-time, and all programme pathways are tailored to your specific requirements.

All Fellowships come with:

- Competitive salary (£10,000 per session pa)
- A comprehensive induction to your practice, network and alliance
- Funding to develop your area of expertise
- Peer-to-peer mentoring support from a local GP
- Career coaching from the Royal College of General Practitioners (RCGP)
- Peer support networks (First5) and access to NextGen GP events
- Bespoke CPD covering leadership, coaching/mentoring, management, quality improvement and remote working
- Access to health and well-being support (e.g., Headspace subscription)
- Flexible working opportunities

Applications:

Applications will be considered from GP trainees and newly qualified GPs within 12 months post-qualification. If you want an informal discussion before applying to the Fellowship, please email primarycare.workforce@nhs.net.



GP Fellow

Integrated Medical and Wellbeing Centre

£10,000 per session per annum
(up to 9 sessions per week)

Role purpose / summary

The Mid and South Essex Integrated Care System comprises of the Integrated Care Board (ICB), which is the statutory body for the NHS, and the Integrated Care Partnership (ICP), which is a committee of the ICB, and brings together key health, care, community and voluntary sector organisations across the area.

The ICS has a bold ambition to deliver improved outcomes for our 1.2m population through our four Alliances, and we are putting the voice of our residents at the heart of realising this ambition, supported by strong dynamic clinical and professional leadership.

Our GP Fellowships will be partly based in our new and dynamic Integrated Medical and Wellbeing Centre (IMWC). This supportive environment will allow us to deliver holistic multi-disciplinary care to our patients, whilst creating a nurturing

clinical environment for the GP Fellowship roles. These fellowships will provide newly qualified GPs with a myriad of clinical, managerial, research, audit and project opportunities for career progression and development.

The Fellowship will combine general practice clinical practice with a specialist interest placement, along with dedicated time for continuing professional development (CPD), including personal development and health and wellbeing support.

The arrangement is made up of approximately:

- **50% working in a GP clinical placement in a GP practice in or around Thurrock**
- **25% special interest training at Corringham Integrated Medical and Wellbeing Centre (IMWC) and/or Mid and South Essex Foundation Trust (MSEFT)**
- **25% professional development (CPD)**



Responsibilities

Working as part of our multidisciplinary team, you will have the opportunity to support and care for a diverse patient group in a holistic multi-disciplinary framework.

The main responsibilities of the role include:

1. General practice GP duties aligned as agreed with GP practice / PCN including:

- Undertaking a variety of duties including surgery consultations, telephone consultations and queries, visiting patients at home, checking and signing repeat prescriptions and dealing with queries, paperwork, reports and correspondence in a timely fashion;
- Making professional, autonomous decisions in relation to presenting medical problems, whether self-referred or referred from other healthcare workers within the organisation;
- Assessing the healthcare needs of patients with undifferentiated and undiagnosed problems;
- Screening patients for disease risk factors and early signs of illness;
- Developing care plans for health in consultation with patients and in line with current practice disease management protocols;
- Providing health education;
- Recording clear consultation notes to agreed standards;
- Collecting data for audit purposes and complying with QOF requirements;
- Delivering enhanced services;
- Compiling and issuing computer-generated acute and repeat prescriptions.

2. To undertake the special interest training at Corringham Integrated Medical and Wellbeing Centre (IMWC) and/or Mid and South Essex Foundation Trust (MSEFT) to develop an agreed skill or specialty interest.

3. To participate in and complete the professional development component of this programme.

Personal specification

Qualifications

- Fully qualified GP with Full GMC registration
- Engaged and compliant with Annual appraisal and revalidation processes
- Be on the NHSE medical performers list

Experience, Knowledge and Skills

- Experience of working in a generalist GP Role
- Good understanding and experience of chronic disease management and primary prevention
- Responsible for ensuring that all mandatory training requirements are up to date including but not limited to adult and child safeguarding requirements and BLS.
- Ability to take responsibility for your own career development, learning and performance and are responsible for ensuring that all your, seeking support when required.
- Awareness of and compliance with all relevant practice policies/ guidelines, e.g. prescribing, confidentiality, data protection, health and safety
- Commitment to learning and quality improvement
- Evidence of ability to maintain and monitor high standards of care
- Evidence of professional development and knowledge
- Excellent inter-personal and communication skills
- Enthusiasm and demonstrable interest in specialty training selected.
- Proficient GP surgery IT Skills
- Commitment to team working

Other Requirements

- Post requires enhanced DBS disclosure

Next steps

Start dates

We have flexible starting dates with multiple intakes available throughout 2022 and 2023 and will be taking applications on an ongoing basis.

Further information

Please get in touch if you have any questions about the programme or would like to have an informal discussion with one of our team.

Arrange an informal visit

We would be delighted to welcome you to Thurrock so you can meet some of our team and visit the Integrated Medical and Wellbeing Centre.

Applications

Applications will be considered from GP trainees and newly qualified GPs within 12 months post-qualification.

To arrange a visit, request an application form or ask for any further information, please email: primarycare.workforce@nhs.net

There are only 12 spaces for this programme, so please apply early to make sure you don't miss out!